

GNH YOUTH IN ACTION IMPACT: YOUTH LED INITIATIVES



IMPACT 1: Promoting GNH Research and Knowledge Sharing

Coinciding with the International Happiness Day (20th March), the GNH Club in Sherubtse College, Kanglung, conducted a one-day symposium on GNH. The event was graced by the college President, Mr. Tshering Wangdi and a total of 50 GNH Club members joined the event.

During the symposium, 12 articles on GNH related topics were presented by the members. Topics included the GNH values through Community Engagement, GNH through Democratic Practices; A Qualitative research, GNH leadership, and Promoting Education Discourse.

It is not only encouraging for the GNHCB to see students interested in conducting their own research activities, but it also demonstrates that we have been able to promote a sense of responsibility and better understanding of the concept of GNH with youth. 21st March, 2021

IMPACT 2: Promoting Well Being through Social Media

During the COVID -19 pandemic and lock down in the country, the GNHCB initiated to engage our GNH youth members to take up journaling during the lockdown. Youth shared their personal experiences and to read their stories was inspiring. The GNHCB used social media platforms to inspire other youths across the country. This was to promote the sense off belonging and was therapeutic for the young people.

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I never experienced the slightest of fear under His Majesty's compassion, care and inspiration. Although the COVID-19 could sometimes raise my concern. The perspective and energy radiated from HM has always geared my outlook on the pandemic

Leki Dorji, GNH Coordinator, Sherubtse College



I enjoyed the Lockdown period as it gave me ample time to write business proposals which I always wanted to do and also took out time to meditate.

Mon Kumar Rai, GNH Club member