



GNH YOUTH IN ACTION: GNH WINTER YOUTH LEADERSHIP



The GNH Winter Youth Leadership programme was conducted to support Bhutanese youth towards positive transformation and the importance of building communities, projects and lifestyles guided by GNH principles.

A total of 20 participants who are GNH club members from four different colleges joined the programme. The Winter Youth Leadership programme was also the first to have implemented the Rites of Passage framework of storytelling, visioning, transition and honoring with the aspects of GNH values.

During the week-long programme they were introduced to GNH values with detailed sessions on understanding the 9 domains and its application in their daily lives.

They were also taken on an experiential journey to Punakha and as a part of the spiritual experience the students also visited Chimi Lhakhang and led a meditation session. Then was followed by a team building rafting exercise which was fun learning for the young participants.



The programme also covered various aspects on how to sustain and improve GNH clubs in their colleges. The students also shared their respective club activities undertaken so far while also reflecting on lessons.

Guest speakers were also invited from the Bhutan Ecological Society, social entrepreneurs and included a site visit to the Bhutan Toilet Organization and Chikthuen Phendey Association.

