

THE GNH PULSE



MESSAGE FROM GNHCB

Happy New Year! As we usher ourselves into 2019, the GNHCB wishes you the fulfillment of all your hopes and aspirations. We also remain sanguine that as we leave the gone-by year with cherished memories and learning experiences, every moment will serve to strengthen our kinship to unprecedented heights. Here we present to you the last vestiges of the final quarter of 2018. Enjoy reading!

"EXPRESSIONS OF HAPPINESS" -ANNUAL GNH EXPERIENCE



The annual observation of the National GNH Day was led by GNHCB on 11 November 2018. The programme included a collective offering of prayers at the sanctum of Semtokha Dzong in the morning for the happiness, wellbeing and long life of His Majesty the Fourth King.

That was followed by “Expressions of Happiness” attended by various dignitaries in the country. This year’s theme was designed as an international cultural festival in Bhutan where Bhutanese and world citizens present in the country demonstrated creative expressions to experience, promote and embrace the values of GNH through dance, music, poetry and other artistic performances.



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- "Expressions of Happiness" - Annual GNH Experience- 11 November
- Journey Through GNH
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UPCOMING EVENTS

- GNH Youth Leadership Workshop
- GNH Advocacy and Outreach Programme
- Impact Safari - With Small Giants



JOURNEY THROUGH GNH

The Centre welcomed 20 enthusiastic participants from The United States of American who arrived in the Kingdom for a 7-day experience called “Journey Through GNH” in collaboration with Dr. Kimchi Moyer. Through this programme, participants took an immersive journey filled with learning sessions and spirituality including activities such as visiting a community school, participation on 11 November and a symposium involving experts. As an outcome of this programme we were able to identify various project ideas for 2019.



GNH THAILAND VISITS BHUTAN

The Gross National Happiness Centre Bhutan, in October, welcomed our GNH Centre Thailand delegation, who were visiting the Kingdom to deliberate future collaboration towards promoting a long-term relationship between GNH Centre Bhutan and Thailand. In 2016, The GNHCB entered into an agreement with B.Grimm to establish the first GNH Centre outside of Bhutan. GNH Centre Thailand was represented by Ms Caroline Link, President of the BGRIMM Group of Companies; Ms. Kanyanat Lansaad, Director and Ms. Parinee Nimakron, Manager.

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